

<b>Mile</b>	<b>Split</b>
1	16:01
2	32:02
3	48:03
4	1:04:04
5	1:20:05
6	1:36:06
7	1:52:07
8	2:08:09
9	2:24:10
10	2:40:11
11	2:56:12
12	3:12:13
13	3:28:14
14	3:44:15
15	4:00:17
16	4:16:18
17	4:32:19
18	4:48:20
19	5:04:21
20	5:20:22
21	5:36:23
22	5:52:24
23	6:08:26
24	6:24:27
25	6:40:28
26	6:56:29
26.2	7:00:00