

Mile	Split
1	11:15
2	22:30
3	33:45
4	45:00
5	56:15
6	1:07:31
7	1:18:46
8	1:30:01
9	1:41:16
10	1:52:31
11	2:03:46
12	2:15:01
13	2:26:16
14	2:37:31
15	2:48:46
16	3:00:01
17	3:11:17
18	3:22:32
19	3:33:47
20	3:45:02
21	3:56:17
22	4:07:32
23	4:18:47
24	4:30:02
25	4:41:17
26	4:52:32
26.2	4:55:00