

Mile	Split
1	11:04
2	22:07
3	33:11
4	44:15
5	55:18
6	1:06:22
7	1:17:26
8	1:28:29
9	1:39:33
10	1:50:36
11	2:01:40
12	2:12:44
13	2:23:47
14	2:34:51
15	2:45:55
16	2:56:58
17	3:08:02
18	3:19:06
19	3:30:09
20	3:41:13
21	3:52:17
22	4:03:20
23	4:14:24
24	4:25:28
25	4:36:31
26	4:47:35
26.2	4:50:00