

Mile	Split
1	10:18
2	20:36
3	30:54
4	41:12
5	51:29
6	1:01:47
7	1:12:05
8	1:22:23
9	1:32:41
10	1:42:59
11	1:53:17
12	2:03:35
13	2:13:52
14	2:24:10
15	2:34:28
16	2:44:46
17	2:55:04
18	3:05:22
19	3:15:40
20	3:25:58
21	3:36:15
22	3:46:33
23	3:56:51
24	4:07:09
25	4:17:27
26	4:27:45
26.2	4:30:00