

Mile	Split
1	10:06
2	20:13
3	30:19
4	40:26
5	50:32
6	1:00:39
7	1:10:45
8	1:20:51
9	1:30:58
10	1:41:04
11	1:51:11
12	2:01:17
13	2:11:24
14	2:21:30
15	2:31:37
16	2:41:43
17	2:51:49
18	3:01:56
19	3:12:02
20	3:22:09
21	3:32:15
22	3:42:22
23	3:52:28
24	4:02:34
25	4:12:41
26	4:22:47
26.2	4:25:00