

Mile	Split
1	8:46
2	17:33
3	26:19
4	35:05
5	43:52
6	52:38
7	1:01:24
8	1:10:11
9	1:18:57
10	1:27:43
11	1:36:30
12	1:45:16
13	1:54:02
14	2:02:49
15	2:11:35
16	2:20:21
17	2:29:08
18	2:37:54
19	2:46:40
20	2:55:27
21	3:04:13
22	3:12:59
23	3:21:46
24	3:30:32
25	3:39:19
26	3:48:05
26.2	3:50:00