

Mile	Split
1	8:35
2	17:10
3	25:45
4	34:20
5	42:54
6	51:29
7	1:00:04
8	1:08:39
9	1:17:14
10	1:25:49
11	1:34:24
12	1:42:59
13	1:51:34
14	2:00:09
15	2:08:43
16	2:17:18
17	2:25:53
18	2:34:28
19	2:43:03
20	2:51:38
21	3:00:13
22	3:08:48
23	3:17:23
24	3:25:58
25	3:34:32
26	3:43:07
26.2	3:45:00