

Mile	Split
1	6:52
2	13:44
3	20:36
4	27:28
5	34:20
6	41:12
7	48:03
8	54:55
9	1:01:47
10	1:08:39
11	1:15:31
12	1:22:23
13	1:29:15
14	1:36:07
15	1:42:59
16	1:49:51
17	1:56:43
18	2:03:35
19	2:10:26
20	2:17:18
21	2:24:10
22	2:31:02
23	2:37:54
24	2:44:46
25	2:51:38
26	2:58:30
26.2	3:00:00