

<b>Mile</b>	<b>Split</b>
1	6:18
2	12:35
3	18:53
4	25:10
5	31:28
6	37:46
7	44:03
8	50:21
9	56:38
10	1:02:56
11	1:09:14
12	1:15:31
13	1:21:49
14	1:28:06
15	1:34:24
16	1:40:41
17	1:46:59
18	1:53:17
19	1:59:34
20	2:05:52
21	2:12:09
22	2:18:27
23	2:24:45
24	2:31:02
25	2:37:20
26	2:43:37
26.2	2:45:00